

Blood cancer symptoms guide

Many blood cancer symptoms are common to other medical conditions. You may have one or more of the symptoms below. It is important to see your general practitioner (GP) to find out what is causing them.

Blood cancer symptoms vary depending on the type of blood cancer. The list below is not comprehensive of all possible symptoms. **For more information, visit bloodcancer.org.au**

Symptom	Yes / no	How long have you had this symptom?	Is it constant?
Unexplained weight loss	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Unexplained bruising or bleeding	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Lumps or swellings	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Shortness of breath	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Drenching night sweats	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Repeat or severe infections	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Regular and frequent fevers	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Unexplained rash or itchy skin	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Pain in your bone, joints or abdomen	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Fatigue	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no
Unusually pale complexion	<input type="checkbox"/> Yes <input type="checkbox"/> no	<input type="checkbox"/> Days <input type="checkbox"/> Weeks <input type="checkbox"/> Months	<input type="checkbox"/> Yes <input type="checkbox"/> no

If you think you need to see a doctor:

- Take this symptoms guide
- Don't be afraid to ask questions – ask about anything you don't understand
- Bring a family member, friend, or support person
- Write notes of the discussion, actions and decisions
- Have a list of any medications you are taking

If you are suddenly unwell seek urgent medical care. Call 000 for a medical emergency.

Need to talk? A Leukaemia Foundation healthcare professional is here for you.
Call 1800 620 420 or email : info@leukaemia.org.au

Question to ask your doctor:

- With my symptoms is it worth investigating if it could be blood cancer?
- Do I need a blood test?
- Do I need any scans or biopsies?

